

# SANTA RITA ABBEY RETREAT HOUSE



## Silent self-directed retreats

Santa Rita Abbey is a monastery of Trappist Cistercian Nuns located in the desert foothills of the Santa Rita Mountains south of Tucson Arizona. Our monastery was founded in 1972; our retreat house opened in 1995.

We welcome to our Retreat House those who seek a time apart for silence, solitude and prayer.



The Retreat House chapel offers a quiet place for reflection and prayer.



A small library provides reading material on prayer, spirituality, the monastic life, etc.

**Accommodations:** There are six private rooms, simply furnished, each with its own bath. There is also one double occupancy suite with a queen-sized bed, a sitting room, and its own kitchenette.



**Meals:** Retreatants share a common dining room and kitchen where they prepare their own meals. Simple, easy to prepare foods are provided. Anyone with special dietary needs or preferences may bring their own supplies.



**Prayer Services:** Retreatants are welcome to attend the daily Eucharist and the Liturgy of the Hours in the monastery chapel if they wish. The schedule for services is posted in each private room.

**Suggested Offering for 2025:** \$75.00 per night for a single room. For the double occupancy suite (St. Joseph's): \$110.00 per night for one person, or \$150.00 per night for two people. (Price subject to change without notice.)

#### **For Reservations:**

- By phone, please call (520) 455-5595 during business hours (8:30—11:15 a.m., and 1:45—4:00 p.m.) or leave a message at ext. 1
- By email: [sraretreats@gmail.com](mailto:sraretreats@gmail.com)

Please note that we do not take same-day reservations.



#### **Directions to Santa Rita Abbey**

We are 50 minutes south of Tucson airport. Take Interstate 10 East to Exit 281 (Sonoita/Patagonia) for Highway 83. Head south on Route 83 for 21 miles, then take a right on Gardner Canyon Road. After 0.8 miles, turn right at the "Kentucky Camp 5" sign; you are now on Fish Canyon Road. Continue 0.9 miles, bearing left at the fork of the road at the "Abbey" sign. Please drive up the hill to the monastery gift shop to check in.